# HOW TO MEASURE FOR A WALKING AID

This method of measurement is valid for:

Wheeled Zimmer Frames

Three/Four Wheeled Walkers

Walking/Fischer Sticks



**Step 2.** The handle(s) needs to be at roughly the same level as the patient's wrist crease while wearing usual footwear.

**Step 1.** Have the patient stand in an upright position with their elbows slightly bent (ideally 20-30 degrees).